RED HOOK CRIT

2015 RULE BOOK

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CHAPTER 1 - EQUIPMENT REQUIREMENTS

- **1.01** A track bike is required.
- **1.02** A helmet is required.
- **1.03** Clipless pedals and shoes are required.
- **1.04** Drop bars, with bar tape, plugged ends and no brake levers are required.
- **1.05** A lockring securing the cog is required.
- **1.06** Jersey's with sleeves are required.
- **1.07** All components of the bike must be in good condition.
- **1.08** Helmet mounted cameras are **prohibited**. (Must be on bike)
- **1.09** Brakes are **prohibited**.
- **1.10** Excessively large gear ratios are **prohibited**.
- **1.11** Lights and reflectors are **prohibited**.
- **1.12** Time trial wheels are **prohibited** (Aerospokes, disc wheels, Spinergy, Tri-spokes, rims deeper than 90mm, etc).
- **1.13** Fixed-gear conversions are **prohibited**.
- **1.14** Headphones are **prohibited**.
- **1.15** Race numbers are mandatory for scorekeeping purposes. Number placement instructions are provided at number pickup.
- **1.16** Timing chips must be installed per instructions provided at check in and must be returned to Athlete Check-in post race in order to be refunded ones chip deposit.
- **1.17** Bib numbers must be pinned on correct side of jersey. (See Athlete Communication)
- **1.18** The race series leader must wear the official RHC series leader skin suit during all competition
- **1.18** Equipment non-compliance are grounds for disqualification.

CHAPTER 2 - TEAM RULES

- **2.1** Teams are limited to (6) athletes (per gender).
- **2.2** Athletes must wear kit that visually matches their teammates.
- **2.3** If a team is registering more than (6) athletes, they must create a B team whose members will score points separately.

- **2.4** Official team names must be provided during the registration process and indicate if the athlete is on the A or B team (if applicable).
- **2.5** A and B teams must have different visual features on their kit and/or bikes.
- **2.6** Teams may change athletes between series events.
- **2.7** If an athlete switches teams midseason, the athlete's team points are not transferable and remain with the original team.

CHAPTER 3 - ATHLETE ETIQUITTE

- **3.1** Athletes must conduct themselves in a manner that is not offensive in any way to fellow participants, spectators, officials or volunteers and is considered reasonable and acceptable in the community.
- **3.2** Treat all participants, officials, volunteers and spectators with fairness, respect and courtesy.
- **3.3** Riding the course during set-up is prohibited and can result in a penalty or disqualification.
- **3.4** If an athlete's conduct is deemed offensive, a disciplinary action may result in a starting grid penalty, overall series points deduction, expulsion from the race or a ban from future Trimble Racing events.

CHAPTER 4 - QUALIFYING

- **4.01** Racers must arrive at parc fermé 30 minutes prior to the start of their qualifying group in order to pass through technical inspection and receive timing chips.
- **4.02** During a racer's qualifying session the competitor's fastest lap time will establish his/her position on the starting grid.
- **4.03** The top 85 qualifying times will gain entry into the Crit.
- **4.04** Racers are responsible for being present for their qualifying session. If a racer misses his/her session they will **NOT** be allowed to qualify in another session. Group times will be emailed and published on www.redhookcrit.com
- **4.05** Each qualifying session is 20 minutes in length.
- **4.06** Laps that have begun before the 20:00 mark are counted.
- **4.07** All lap times during the session are recorded using timing chips.
- **4.08** Drafting is allowed.
- **4.09** Pushing, pulling, or hand-slinging another rider is prohibited.

- **4.10** Deliberate blocking is **prohibited**.
- **4.11** Riders must maintain an approximate minimum 15mph (25km/h) average speed on course at all times. No excessive soft-pedaling.
- **4.12** Cutting the course with the intention of improving one's lap time is **prohibited**.
- **4.13** The use of phones to check lap times while on course is **prohibited**.
- **4.14** Ties are decided by each rider's next fastest lap.
- **4.15** Racers must enter and exit the course using the delineated 'pit lane'.
- **4.16** If not on track, racers must remain in the parc fermé area during their qualifying session.
- **4.17** Equipment changes are allowed, but must follow the same technical rules as the race.

CHAPTER 5 - LAST CHANCE RACE

- **5.1** Racers who qualified 86th through 150th are eligible to compete in the Last Chance Race.
- 5.2 All qualified riders must enter the course through the parc fermé area where their names are checked off the starting list. Entering the course in any other location is grounds for disqualification.
- 5.3 The starting grid is marked on the roadway. There is a number for each position. 86th qualifier takes the 1st grid position, and the 150th qualifier takes the 65th grid position. All other competitors must follow suit in regard to grid position. Racers MUST know his qualifying position. Racers lining up anywhere besides their mark will be subject to disqualification.
- 5.4 There is a 2:00 minute, a 1:00 minute and a :30 second warning before the race start. Once the :30 second warning is given the race may be started at any time on the race director's whistle.
- **5.5** The Last Chance Race is 14 laps.
- **5.6** The race has a lead moto that escorts the leader of the race throughout its duration.
- **5.7** The top ten finishers of the Last Chance Race advance into the main event.
- **5.8** No prizes are awarded in Last Chance Race.
- **5.9** All race rules mentioned below are applicable in the Last Chance Race.

CHAPTER 6 - MAIN RACE START

- 6.1 All qualified riders must enter the course through the parc fermé area where their names are checked off the starting list. Entering the course in any other location is grounds for disqualification.
- 6.2 After all riders are on the course there is a neutral lap behind a pace vehicle. Riders are not allowed to pass the pace vehicle.
- 6.3 The starting grid is marked on the roadway. There is a number for each position. Racers MUST know their qualifying position. Racers lining up anywhere besides their mark are subject to disqualification.
- 6.4 There is a 2:00 minute, a 1:00 minute and a :30 second warning before the race start. Once the :30 second warning is given the race may be started at any time on the race director's whistle.
- 6.5 The pace lap does not count towards the 24-lap count (18-lap count for the women's race).
- **6.6** The race has a lead moto that escorts the leader of the race throughout its duration.

CHAPTER 7 - LAPS

- **7.1** The race is 24 laps/approximately 45 minutes for the men's race and 18 laps/approximately 40 minutes for the women's race.
- **7.2** A lapboard is used to count down each lap.
- **7.3** The length of the race is subject to change at any time per the race director's discretion.
- **7.4** A bell is used to signify the start of the last lap.
- **7.5** There are NO free laps for mechanicals or crashes.

CHAPTER 8 - PRIMES

- 8.1 The 'Breakfast' prime is awarded to the first rider across the start/finish line at the end of the 1st lap of both the men's and women's race.
- 8.2 The 'Dinner' prime is awarded to the first rider across the start/finish line at the end of the 12th lap for the men's race and 9th lap for the women's race.
- **8.3** A lap board with !! and a bell signifies the start of the prime lap.

CHAPTER 9 - LAPPED RIDERS

- **9.1** All riders who are in danger of being lapped must remove themselves from the race.
- **9.2** There is a sweeper moto 15 seconds in front of the lead group. When this moto approaches, racers must move away from the race line and prepare to leave the course before the lead group catches them.
- **9.3** If a racer is lapped by the sweeper moto his race is over and he must exit the course at the racer egress area.
- **9.4** The race director has the final say over pulling riders out of the race.
- **9.5** The race director, lead moto, sweeper moto and course marshal leaders signal to riders when they must exit the course.
- **9.6** Riders must exit the course in a safe and controlled manner.
- **9.7** Riders refusing to exit the course are disqualified and banned from all future Trimble Racing events.

CHAPTER 10 - POSSIBLE RACE STOPPAGE

- **10.1** If the race must be stopped for any reason, it is restarted with a certain number of laps left, determined by the race director.
- 10.2 If the race must be stopped, the race director stops the race at the start/finish line.
- 10.3 If the race must be stopped within the last 3 laps, the race is restarted with 3 laps to go. The race director has final say over which riders are allowed to restart.

CHAPTER 11 - POST RACE PODIUM

- 11.1 If a rider finishes in the top 5 and/or wins a prime they must report directly to the podium area immediately after the men's race.
- 11.2 The podium ceremony starts immediately after the finish of the men's race.
- 11.3 Any rider arriving late or skipping the podium presentation forfeits all prizes.
- 11.4 Riders must be prepared to give the podium director their size for: bike, helmet, jersey, etc.
- **11.5** Race kit is mandatory for the podium. Racers cannot mount the podium in street clothes.
- 11.6 Riders are prohibited from bringing their personal bicycle onto the podium stage.

CHAPTER 12 - SAFETY CONSIDERATIONS

- **12.1** The race is fast and the corners are tight. Racers must give each other room to slow down for the approaching corners.
- **12.2** It is important for racers to hold a predictable line through the corners and give their competitors room.
- 12.3 Skidding into corners is not advisable. Racers must keep their rear wheels rolling as much as possible. Racers skidding dangerously into corners will be removed from the race.
- **12.4** Racers must hold their line and are not allowed to block riders attempting to pass.
- **12.5** Racers must exercise caution when passing slower riders who have not exited the course. Lapped riders tend to be unpredictable and may not ride a straight line.
- 12.6 Racers must make sure their tires are sufficiently inflated and in good condition. The course is smooth but a certain amount of glass and gravel will be present. Lightweight tires are not recommended.
- **12.7** The course is completely closed to traffic.

CHAPTER 13 - MEDICAL SUPPORT

- **13.1** There is an EMS team in position to respond to any injuries sustained during qualifying and the race. Reference the attached map for location of the medical tent.
- **13.2** There are two ambulances on duty if transport to a hospital is needed.
- **13.3** Racers must ride within their ability. Getting lapped is better than ending up in the hospital.

CHAPTER 14 - POINTS BREAKDOWN

14.1 The top 25 finishers in each RHC score points towards the series championship, according to the following scale:

Individual Points

- 1st 35 points
- 2nd 30 points
- 3rd 27 points
- 4th 24 points
- 5th 22 points
- 6th 20 points
- 7th 19 points
- 8th 18 points
- 9th 17 points

- 10th 16 points
- 11th 15 points
- 12th 14 points
- 13th 13 points
- 14th 12 points
- 15th 11 points
- 16th 10 points
- 17th 9 points
- 18th 8 points

- 19th 7 points
- 20th 6 points
- 21st 5 points
- 22nd 4 points
- 23rd 3 points
- 24th 2 points
- 25th 1 point
- Prime 3 points

Team Points

- 1st 25 points
- 2nd 24 points
- 3rd 23 points
- 4th 22 points
- 5th 21 points
- 6th 20 points
- 7th 19 points
- 8th 18 points
- 9th 17 points

- 10th 16 points
- 11th 15 points
- 12th 14 points
- 13th 13 points
- 14th 12 points
- 15th 11 points
- 16th 10 points
- 17th 9 points
- 18th 8 points

- 19th 7 points
- 20th 6 points
- 21st 5 points
- 22nd 4 points
- 23rd 3 points
- 24th 2 points
- 25th 1 points